



Clothing and PPE Policy and Procedures

Date reviewed: August 2024

We are committed to reviewing our policy and good practice annually.

August 2025 CSH

Aug26 CSH

Woodland Nuture's overarching priority is to keep all participants safe at all times. Correct clothing can help participants regulate their body temperature and protect them from scratches, nettle stings, insect bites, insect stings, tick bites and from burning by the sun. Appropriate sturdy footwear will protect soles and ankles, provide adequate grip for climbing and keep feet warm.

It should be noted that the weather can change very quickly in the woodland and additional layers are always advised.

This Policy shall be applied during all activity sessions at Woodland Nuture.

The following applies to all participants, including staff, volunteers, parents and children:

- 🌳 Sturdy trainers or walking boots. Additionally, thermal snowshoes are useful midwinter/in temperatures below 2°C. The woodland is of sandy soil so it is rarely muddy but Wellingtons are useful to have at every session so that water play at Otter Island can be enjoyed.
- 🌳 Long trousers at all times
- 🌳 Long sleeves at all times (exceptions made in temperatures above 20°C providing insect repellent, tick repellent and sun protection is worn)
- 🌳 Waterproof jackets and trousers to be brought to each session
- 🌳 Adequate layering to suit the seasons; thermals recommended for the winter months
- 🌳 Gloves, hats, thermal socks and scarves for the winter months
- 🌳 Sunhats/caps for the summer months
- 🌳 A change of clothing, including extra footwear should be brought to each session.
- 🌳 Hair bobble for longer hair – long hair must be tied back for tool work, tree climbing and fire lighting.

All parents will be asked to provide their own sun cream and insect repellent.

Woodland Nuture will provide the following personal protective clothing and equipment:

- 🌳 Close fitting working gloves for tool use.
- 🌳 Fire protection gloves
- 🌳 Long gloves to the elbow for nettles and brambles
- 🌳 Goggles for any cutting that may cause splinters as deemed necessary
- 🌳 Fire extinguishing equipment (bucket of water/sand)
- 🌳 First aid kits including for burns.
- 🌳 Access to hand washing and drinking water
- 🌳 Staff Clothing with Woodland Nuture Logo will be provided including hoodies, t shirts and hi viz waistcoats. These remain the property of Woodland Nuture and are to be returned if staff leave.
- 🌳 Woodland Nuture will provide tick repellent and insect repellent for staff.

For PPE specific to Infection Control, please refer to the separate infection control policy.